



# “Co-production for mental health research.”

SCIENCE + LIVED EXPERIENCE + CLINICAL PRACTICE

## Israel Spring School 2016 March 31 – April 2

### ABSTRACT

A series of workshops bringing Postgraduate Neuro-Researchers, Postgraduate Psychiatric trainees and people with lived experience of mental illness (PLEMI) together to explore collaborative synergies targeting innovative therapies and treatments.

**Venue:** Rimonim Palm Beach, Acre (kosher hotel)

### PROGRAM

#### Thursday 31 March

- 15: 00-18: 00 Guided tour of Acre / Guest check-in
- 18: 10-18: 25 Opening and presentation of the workshop objectives – **Maria**
- 18: 30-19: 30 Dinner
- 19: 35 -20: 30 **Shmulik Calderon** and two directors and actors with LE will give a short performance
- 20: 45-21: 00 **Ami Ben Basat** - "Mad life", an open conversation of memories, experiences and short stories – a casual and voluntary social event, which will provide a sense of intimacy and interaction and set a relaxed tone for the rest of the workshop. During this session, we will offer participants the opportunity to share experiences and short stories from their daily lives (4-5 minutes per story).
- 21: 05-22: 00 Ariel Horowitz - "The Other Me"

#### Friday 1 April

- 08: 00 -09: 00 Breakfast
- 09: 00-10: 00
- 1) ENOSH - a short presentation about the organization's special projects
  - 2) Mazor Hospital – integrating individuals with lived experience into medical research
  - 3) Club house (Gefen Nissim) – the working guidelines of Club House
- 10: 00-10: 15 Break and refreshments

### WORKSHOPS

**Workshop 1 – Art:** Hosted by Shmulik Calderon

**Workshop 2 - Technology and Research:** Hosted by Itamar Kahn and Erez Krozoil

**Workshop 3 – Medical Scientific Research:** Hosted by Libby Herzberg and Avital Hahamy

The workshops will explore the “disconnect” between researchers, doctors and LE. We will think about ways to create more cooperation between all parties through personal experience and knowledge of all participants in the workshop.

7:30- 9:00 Breakfast

9:00-10:00 Enosh – Short lecture about special programs

Mazor –integrating plemi in mental helth institute

Clubhouse –the international clubhouse model and its interpretation in israel

10: 15-11: 45 Workshops

11: 45-12: 45 Lunch break

12: 45-14: 15 Workshops

14: 15-14: 45 Break

14: 45-16: 15 Workshops

16: 15-19: 00 Break

19: 00-20: 30 Dinner

20: 30-21: 30 Lecture - **Michal Heiman** (artist)

21: 45 **Nir Mehlman** (musician and creator)

### **Saturday 2 April**

08: 00 -09: 00 Breakfast

09: 00-10: 30 Working Groups – Summary Meeting

10: 30-11: 00 Break

11: 00-12: 00 Presentation of summary

12: 00-13: 00 Lunch

13: 00-16: 00 Goodbyes and farewells – check-out independently